

Adults Ever Diagnosed with Anxiety, by County and Public Health District, Maine, 2010

Maine Total		Unweighted Number	Weighted Number	%	LCL	UCL
		1,382	171,611	17.3	16.2	18.4
County						
Androscoggin		84	11,135	15.7	11.9	19.6
Aroostook		92	11,925	18.2	13.9	22.5
Cumberland		224	33,427	18.3	15.3	21.2
Franklin		42	3,934	15.5	10.3	20.7
Hancock		66	8,177	17.1	12.1	22.1
Kennebec		110	14,128	17.1	13.2	21.1
Knox		62	4,927	16.1	11.3	20.8
Lincoln		48	3,787	12.1	8.2	16.0
Oxford		57	7,966	16.8	11.8	21.8
Penobscot		116	17,116	17.4	13.7	21.0
Piscataquis		46	3,965	23.3	16.1	30.5
Sagadahoc		50	4,592	15.8	9.3	22.3
Somerset		50	7,880	19.5	12.9	26.2
Waldo		73	7,310	22.0	15.7	28.3
Washington		80	6,850	24.5	18.2	30.7
York		149	20,633	15.3	12.3	18.2
District						
Aroostook		92	11,925	18.2	13.9	22.5
Central		160	22,008	17.9	14.5	21.4
Cumberland		224	33,427	18.3	15.3	21.2
Downeast		146	15,026	19.8	15.9	23.8
Midcoast		233	20,616	16.6	13.8	19.4
Penquis		162	21,081	18.3	15.0	21.5
Western		183	23,034	16.0	13.4	18.7
York		149	20,633	15.3	12.3	18.2

Source: Behavioral Risk Factor Surveillance System

Based on the question: "Has a doctor or other healthcare provider ever told you that you have an anxiety disorder?"

% = Weighted percentage of respondents

LCL= Lower 95% confidence level of the weighted percentage

UCL= Upper 95% confidence level of the weighted percentage

All percentages are weighted to be more representative of the population of Maine and to adjust for non-response.

Adults Ever Diagnosed with Anxiety, by Selected Demographics, Maine, 2010

	Unweighted Number	Weighted Number	%	LCL	UCL
Maine Total	1,767	209,498	21.1	19.9	22.3
Sex					
Female	981	112,075	21.7	20.1	23.2
Male	401	59,536	12.6	11.0	14.1
Age					
18-24	37	16,916	16.0	10.7	21.3
25-34	124	32,314	23.3	19.1	27.4
35-44	207	32,476	19.9	17.2	22.6
45-54	342	37,413	18.1	16.0	20.2
55-64	391	32,132	18.5	16.6	20.4
65+	278	20,123	10.1	8.8	11.4
Education					
Did not graduate High School	108	14,946	24.3	18.6	30.1
Graduated High School	474	56,443	17.3	15.4	19.2
Attended College or Technical School	378	50,604	19.6	17.2	22.0
Graduated from College or Technical School	420	49,461	14.4	12.7	16.1
Income					
Less than \$15,000	303	29,044	32.5	27.8	37.3
\$15,000 to less than \$25,000	271	30,099	20.2	17.3	23.0
\$25,000 to less than \$35,000	137	18,051	18.8	15.1	22.5
\$35,000 to less than \$50,000	186	24,754	17.3	14.4	20.2
\$50,000 or more	355	49,902	12.6	11.1	14.2

Source: Behavioral Risk Factor Surveillance System

Based on the question: "Has a doctor or other healthcare provider ever told you that you have an anxiety disorder?"

% = Weighted percentage of respondents

LCL= Lower 95% confidence level of the weighted percentage

UCL= Upper 95% confidence level of the weighted percentage

All percentages are weighted to be more representative of the population of Maine and to adjust for non-response.

Adults Ever Diagnosed with Anxiety, by Race, Ethnicity and Sexual Orientation, Maine, 2006,2008, 2009, 2010

	Unweighted Number	Weighted Number	%	LCL	UCL
Race and Ethnicity					
American Indian or Alaskan Native only, non-Hispanic	60	11,051	30.1	21.1	39.1
Black only, non-Hispanic	DNR	DNR	DNR	DNR	DNR
Hispanic	52	8,689	18.2	11.8	24.6
Multiracial, non-Hispanic	51	6,935	20.5	14.0	27.0
Other, non-Hispanic	15	3,865	14.1	6.1	22.2
White only, non-Hispanic	3,713	628,200	16.5	15.8	17.2
Sexual Orientation					
Heterosexual or straight	3,701	622,348	16.3	15.6	17.0
Homosexual or gay or lesbian	99	16,884	30.6	23.2	37.9
Bisexual	60	15,423	36.6	26.7	46.5
Other	DNR	DNR	DNR	DNR	DNR

Source: Behavioral Risk Factor Surveillance System

Based on the question: "Has a doctor or other healthcare provider ever told you that you have an anxiety disorder?"

% = Weighted percentage of respondents

LCL= Lower 95% confidence level of the weighted percentage

UCL= Upper 95% confidence level of the weighted percentage

All percentages are weighted to be more representative of the population of Maine and to adjust for non-response.

Adults Ever Diagnosed with Anxiety, by Year, Maine, 2006, 2008, 2009, 2010

Year	Unweighted Number	Weighted Number	%	LCL	UCL
2006	599	161,040	16.0	14.4	17.7
2008	646	170,688	16.7	15.2	18.3
2009	1,307	163,690	16.6	15.5	17.7
2010	1,382	171,611	17.3	16.2	18.4

Data Source: Behavioral Risk Factor Surveillance System

Based on the question: "Has a doctor or other healthcare provider ever told you that you have an anxiety disorder?"

% = Weighted percentage of respondents

LCL= Lower 95% confidence level of the weighted percentage

UCL= Upper 95% confidence level of the weighted percentage

All percentages are weighted to be more representative of the population of Maine and to adjust for non-response.

**Adults Ages 18 Years and Older With Co-Morbidities
(Those With Anxiety or Depression Who Also Have Asthma, Diabetes, or Hypertension),
by County and Public Health District, Maine 2009**

	Unweighted Number	Weighted Number	%	LCL	UCL
County					
Androscoggin	DNR	DNR	DNR	DNR	DNR
Aroostook	DNR	DNR	DNR	DNR	DNR
Cumberland	187	22,550	43.8	37.3	50.3
Franklin	DNR	DNR	DNR	DNR	DNR
Hancock	DNR	DNR	DNR	DNR	DNR
Kennebec	98	13,017	46.8	37.9	55.8
Knox	DNR	DNR	DNR	DNR	DNR
Lincoln	DNR	DNR	DNR	DNR	DNR
Oxford	DNR	DNR	DNR	DNR	DNR
Penobscot	141	19,244	63.9	55.3	72.5
Piscataquis	DNR	DNR	DNR	DNR	DNR
Sagadahoc	DNR	DNR	DNR	DNR	DNR
Somerset	DNR	DNR	DNR	DNR	DNR
Waldo	DNR	DNR	DNR	DNR	DNR
Washington	DNR	DNR	DNR	DNR	DNR
York	122	15,498	44.6	36.6	52.6
Public Health District					
Aroostook	DNR	DNR	DNR	DNR	DNR
Central	152	18,682	46.5	39.2	53.8
Cumberland	187	22,550	43.8	37.3	50.3
Downeast	110	11,917	60.6	51.3	69.9
Midcoast	190	14,350	45.3	38.6	51.9
Penquis	170	21,309	61.7	53.7	69.7
Western	168	18,110	48.0	40.6	55.3
York	122	15,498	44.6	36.6	52.6

Data Source: Behavioral Risk Factor Surveillance System

Percentage of respondents who have ever been told by a doctor or other healthcare provider that they have a depressive disorder or an anxiety who also have been told that they have diabetes, asthma, or high blood pressure.

% = Weighted percentage of respondents

LCL= Lower 95% confidence level of the weighted percentage; UCL= Upper 95% confidence level of the weighted percentage

All percentages are weighted to be more representative of the population of Maine and to adjust for non-response.

DNR: Data not reliable. Data is suppressed if confidence intervals are greater than 20 percentage points.

**Adults Ages 18 Years and Older With Co-Morbidities
(Those With Anxiety or Depression Who Also Have Asthma, Diabetes, or Hypertension),
by Selected Demographics, Maine 2009**

	Unweighted Number	Weighted Number	%	LCL	UCL
Sex					
Female	838	82,799	47.0	43.8	50.1
Male	352	50,027	53.0	47.6	58.4
Age					
18-24	DNR	DNR	DNR	DNR	DNR
25-34	50	14,437	35.4	26.1	44.7
35-44	132	20,277	40.6	34.6	46.6
45-54	287	33,273	50.1	45.4	54.8
55-64	360	29,022	60.3	55.8	64.8
65-74	203	13,998	73.0	67.2	78.8
75+	129	11,233	72.1	64.6	79.5
Education					
Did not graduate High School	DNR	DNR	DNR	DNR	DNR
Graduated High School	394	45,817	53.1	47.8	58.3
Attended College or Technical School	348	39,280	49.7	44.3	55.2
Graduated from College or Technical School	325	34,426	40.8	36.4	45.1
Income					
Less than \$15,000	283	24,659	59.1	51.8	66.4
\$15,000 to less than \$25,000	229	22,933	53.9	47.1	60.7
\$25,000 to less than \$35,000	128	13,893	51.5	43.3	59.7
\$35,000 to less than \$50,000	149	18,348	48.7	41.8	55.6
\$50,000 or more	265	36,521	38.3	33.7	42.9

Data Source: Behavioral Risk Factor Surveillance System

Percentage of respondents who have ever been told by a doctor or other healthcare provider that they have a depressive disorder or an anxiety who also have been told that they have diabetes, asthma, or high blood pressure.

% = Weighted percentage of respondents

LCL= Lower 95% confidence level of the weighted percentage

UCL= Upper 95% confidence level of the weighted percentage

All percentages are weighted to be more representative of the population of Maine and to adjust for non-response.

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**Adults Ages 18 Years and Older With Co-Morbidities
(Those With Anxiety or Depression Who Also Have Asthma, Diabetes, or Hypertension),
by Race, Ethnicity, or Sexual Orientation, Maine 2009**

	Unweighted Number	Weighted Number	%	LCL	UCL
Race and Ethnicity					
American Indian or Alaskan Native only, non-Hispanic	DNR	DNR	DNR	DNR	DNR
Black only, non-Hispanic	NSD	NSD	NSD	NSD	NSD
Hispanic	DNR	DNR	DNR	DNR	DNR
Multiracial, non-Hispanic	DNR	DNR	DNR	DNR	DNR
Other, non-Hispanic	NSD	NSD	NSD	NSD	NSD
White only, non-Hispanic	1,129	125,790	48.7	45.9	51.6
Sexual Orientation					
Heterosexual or straight	1,119	122,291	49.0	46.1	51.8
Homosexual or gay or lesbian	DNR	DNR	DNR	DNR	DNR
Bisexual	DNR	DNR	DNR	DNR	DNR
Other	NSD	NSD	NSD	NSD	NSD

Source: Behavioral Risk Factor Surveillance System

Percentage of respondents who have ever been told by a doctor or other healthcare provider that they have a depressive disorder or an anxiety who also have been told that they have diabetes, asthma, or high blood pressure.

% = Weighted percentage of respondents

LCL= Lower 95% confidence level of the weighted percentage

UCL= Upper 95% confidence level of the weighted percentage

All percentages are weighted to be more representative of the population of Maine and to adjust for non-response.

NSD: Non-sufficient data. Data is not available due to small or zero counts.

DNR: Data not reliable. Data is suppressed if confidence intervals are greater than 20 percentage points.

Adults Diagnosed With Moderate or Severe Depression, by County and Public Health District, Maine 2010

	Unweighted Number	Weighted Number	%	LCL	UCL
Maine total	346	94,728	9.4	7.9	10.9
County					
Androscoggin	22	5,656	7.6	3.8	11.4
Aroostook	DNR	DNR	DNR	DNR	DNR
Cumberland	37	11,852	6.7	3.9	9.4
Franklin	NSD	NSD	NSD	NSD	NSD
Hancock	23	5,582	11.2	5.1	17.2
Kennebec	29	7,416	9.3	5.4	13.2
Knox	10	1,224	4.0	1.3	6.6
Lincoln	11	2,073	6.9	2.3	11.5
Oxford	20	6,712	14.1	5.8	22.5
Penobscot	39	11,586	11.7	6.9	16.5
Piscataquis	NSD	NSD	NSD	NSD	NSD
Sagadahoc	10	2,538	8.9	1.6	16.2
Somerset	16	3,396	8.4	3.8	12.9
Waldo	DNR	DNR	DNR	DNR	DNR
Washington	22	4,178	13.4	7.6	19.2
York	43	10,532	7.7	5.0	10.5
Public Health District					
Aroostook	DNR	DNR	DNR	DNR	DNR
Central	45	10,812	9.0	6.0	12.0
Cumberland	37	11,852	6.7	3.9	9.4
Downeast	45	9,760	12.0	7.7	16.4
Midcoast	50	11,115	8.9	5.2	12.5
Penquis	44	12,372	10.8	6.6	15.1
Western	47	13,814	9.5	5.9	13.0
York	43	10,532	7.7	5.0	10.5

Source: Behavioral Risk Factor Surveillance System

Based eight questions that comprise the PHQ8

% = Weighted percentage of respondents

LCL= Lower 95% confidence level of the weighted percentage

UCL= Upper 95% confidence level of the weighted percentage

All percentages are weighted to be more representative of the population of Maine and to adjust for non-response.

DNR: Data not reliable. Data is suppressed if confidence intervals are greater than 20 percentage points.

NSD: Non-sufficient data. Data is not available due to small or zero counts.

**Adults, Ages 18 and Over, Diagnosed With Moderate or Severe Depression,
by Race, Ethnicity and Sexual Orientation, Maine 2006, 2008, 2009, 2010**

	Unweighted Number	Weighted Number	%	LCL	UCL
Race and Ethnicity					
American Indian or Alaskan Native only, non-Hispanic	26	7,440	19.2	10.3	28.0
Black only, non-Hispanic	NSD	NSD	NSD	NSD	NSD
Hispanic	12	2,865	6.0	2.3	9.7
Multiracial, non-Hispanic	30	7,505	19.2	10.9	27.4
Other, non-Hispanic	9	2,394	8.7	2.8	14.6
White only, non-Hispanic	1,259	336,148	8.7	8.1	9.4
Sexual Orientation					
Heterosexual or straight	1,277	337,546	8.7	8.1	9.4
Homosexual or gay or lesbian	31	8,199	14.1	7.7	20.5
Bisexual	DNR	DNR	DNR	DNR	DNR
Other	DNR	DNR	DNR	DNR	DNR

Source: Behavioral Risk Factor Surveillance System

Based eight questions that comprise the PHQ8

% = Weighted percentage of respondents

LCL= Lower 95% confidence level of the weighted percentage

UCL= Upper 95% confidence level of the weighted percentage

All percentages are weighted to be more representative of the population of Maine and to adjust for non-response.

DNR: Data not reliable. Data is suppressed if confidence intervals are greater than 20 percentage points.

NSD: Non-sufficient data. Data is not available due to small or zero counts.

**Adults Diagnosed With Moderate or Severe Depression, by Year,
Maine 2006, 2008, 2009, 2010**

Year	Unweighted Number	Weighted Number	%	LCL	UCL
2006	306	76,709	7.6	6.5	8.6
2008	331	82,948	8.1	7.0	9.2
2009	369	105,060	10.5	9.1	12.0
2010	346	94,728	9.4	7.9	10.9

Source: Behavioral Risk Factor Surveillance System

Based eight questions that comprise the PHQ8

% = Weighted percentage of respondents

LCL= Lower 95% confidence level of the weighted percentage

UCL= Upper 95% confidence level of the weighted percentage

All percentages are weighted to be more representative of the population of Maine and to adjust for non-response.

Adults Diagnosed With Moderate or Severe Depression, Selected Demographics, Maine 2010

	Unweighted Number	Weighted Number	%	LCL	UCL
Maine total	346	94,728	9.4	7.9	10.9
Sex					
Female	229	53,302	10.2	8.4	11.9
Male	117	41,426	8.5	6.0	11.1
Age					
18-24	17	15,917	14.3	7.3	21.3
25-34	33	16,739	11.9	7.5	16.4
35-44	43	13,212	7.9	5.4	10.5
45-54	93	22,749	10.9	6.3	15.4
55-64	110	17,910	10.2	8.1	12.2
65+	49	8,005	4.0	2.7	5.2
Education					
Did not graduate High School	43	12,243	20.7	12.9	28.6
Graduated High School	156	41,694	12.2	8.9	15.5
Attended College or Technical School	91	26,578	9.9	7.2	12.6
Graduated from College or Technical School	55	14,019	4.1	2.8	5.5
Income					
Less than \$15,000	111	25,490	26.5	17.5	35.6
\$15,000 to less than \$25,000	77	22,040	15.0	11.0	19.1
\$25,000 to less than \$35,000	34	7,991	8.5	4.8	12.2
\$35,000 to less than \$50,000	38	12,211	8.6	5.0	12.1
\$50,000 or more	49	15,481	3.7	2.4	5.1

Source: Behavioral Risk Factor Surveillance System

Based eight questions that comprise the PHQ8

% = Weighted percentage of respondents

LCL= Lower 95% confidence level of the weighted percentage

UCL= Upper 95% confidence level of the weighted percentage

All percentages are weighted to be more representative of the population of Maine and to adjust for non-response.

Numbers and Rates of People Diagnosed with Alzheimers and Related Dementias, by Age and Sex, Maine, 2006

Age group	Female		Male		Total	
	Number	Crude Rate	Number	Crude Rate	Number	Crude Rate
0-44	125	0.3	128	0.3	253	0.3
45-54	170	1.5	139	1.3	309	1.4
55-64	308	3.6	340	4.1	648	3.9
65-74	1,179	22.6	908	19.7	2,087	21.3
75-84	4,680	117.8	2,657	96.0	7,337	108.8
85+	6,558	353.0	2,231	264.5	8,789	325.4

Numbers and Rates of People Diagnosed with Alzheimers and Related Dementias, by Year, Maine, 2004-2006

Year	Female			Male			Total		
	Number	Crude Rate	Age-adjusted rate	Number	Crude Rate	Age-adjusted rate	Number	Crude Rate	Age-adjusted rate
2004	13,759	20.4	13.9	6,747	10.5	11.3	20,506	15.4	11.4
2005	13,276	19.6	13.1	6,436	10.0	10.4	19,712	14.8	10.7
2006	13,020	19.3	12.9	6,403	9.9	10.4	19,423	14.7	12.0

Data Source: Maine All Payer Claims Database

Data is provided for 2006, the most recent year with complete data from all payers, including Medicare.

Crude rates are per 1,000

Age-adjusted rates are per 1,000 age-adjusted to the 2000 U.S. standard population

Numbers and Rates of People Diagnosed with Alzheimers and Related Dementias, by Sex and by County and Public Health District, Maine, 2006

	All			Female			Male		
	Number	Crude Rate	Age-adjusted Rate	Number	Crude Rate	Age-adjusted Rate	Number	Crude Rate	Age-adjusted Rate
Maine Total	19,423	14.7	12.0	13,020	19.3	12.9	6,403	9.9	10.4
County									
Androscoggin	1,568	14.6	12.1	1,072	19.5	12.8	496	9.4	10.6
Aroostook	1,355	18.6	12.9	885	23.7	13.5	470	13.2	11.7
Cumberland	4,128	15.0	12.4	2,806	20.0	13.2	1,322	9.9	10.9
Franklin	362	12.1	10.6	250	16.2	12.0	112	7.7	8.6
Hancock	881	16.4	12.5	568	20.8	13.4	313	11.8	10.8
Kennebec	1,829	15.1	12.4	1,256	20.2	13.8	573	9.7	10.2
Knox	698	17.0	11.3	464	22.3	11.8	234	11.6	10.2
Lincoln	579	16.4	10.3	402	22.4	11.9	177	10.3	7.8
Oxford	656	11.5	9.0	439	15.0	9.9	217	7.8	7.6
Penobscot	1,948	13.2	12.4	1250	16.7	12.8	698	9.7	11.7
Piscataquis	238	13.5	9.5	160	17.9	10.8	78	9.0	7.5
Sagadahoc	396	10.8	10.0	256	13.7	10.5	140	7.7	9.5
Somerset	590	11.3	9.4	405	15.2	10.5	185	7.2	7.6
Waldo	418	10.8	10.0	284	14.4	11.5	134	7.0	7.7
Washington	481	14.4	9.8	326	19.2	10.6	155	9.5	8.2
York	2,560	12.7	11.0	1724	16.7	12.0	836	8.5	9.2
Public Health District									
Aroostook	1,355	18.6	12.9	885	23.7	13.5	470	13.2	11.7
Central	2,419	14.0	11.5	1,661	18.7	12.8	758	9.0	9.4
Cumberland	4,128	15.0	12.4	2,806	20.0	13.2	1,322	9.9	10.9
Downeast	1,362	15.6	11.4	894	20.2	12.2	468	10.9	9.8
Midcoast	2,091	13.8	10.5	1406	18.2	11.5	685	9.2	8.8
Penquis	2,186	13.3	12.0	1410	16.8	12.6	776	9.6	11.1
Western	2,586	13.3	10.9	1,761	17.7	11.8	825	8.7	9.3
York	2,560	12.7	11.0	1724	16.7	12.0	836	8.5	9.2

Data source: Maine All-Payer Claims Database

Data is provided for 2006, the most recent year with complete data from all payers, including Medicare.

Crude rates are per 1,000; Age-adjusted rates are per 1,000 age-adjusted to the 2000 U.S. standard population

Location was unavailable for 736 people: 473 females and 263 males.

Adults Ages 18 Years and Over Ever Diagnosed with Depression, by County and Public Health District, Maine, 2010

	Unweighted Number	Weighted Number	%	LCL	UCL
Maine Total	1,767	209,498	21.1	19.9	22.3
County					
Androscoggin	108	15,204	21.4	16.7	26.2
Aroostook	97	12,641	19.3	14.5	24.1
Cumberland	291	39,085	21.3	18.4	24.3
Franklin	42	3,939	15.6	10.4	20.7
Hancock	89	11,114	23.0	17.5	28.4
Kennebec	140	16,107	19.6	15.9	23.2
Knox	89	6,178	20.0	15.6	24.5
Lincoln	81	6,336	20.4	15.4	25.4
Oxford	73	9,852	20.8	15.4	26.1
Penobscot	172	24,946	25.5	21.1	29.9
Piscataquis	53	4,156	24.4	17.6	31.3
Sagadahoc	66	6,394	21.8	14.5	29.2
Somerset	68	9,329	23.3	17.0	29.5
Waldo	90	7,427	22.4	16.4	28.5
Washington	78	6,088	21.6	16.4	26.7
York	193	26,469	19.5	16.3	22.8
Public Health District					
Aroostook	97	12,641	19.3	14.5	24.1
Central	208	25,437	20.8	17.6	24.0
Cumberland	291	39,085	21.3	18.4	24.3
Downeast	167	17,202	22.5	18.5	26.4
Midcoast	326	26,336	21.2	18.3	24.1
Penquis	225	29,102	25.3	21.4	29.2
Western	223	28,996	20.2	17.1	23.2
York	193	26,469	19.5	16.3	22.8

Source: Behavioral Risk Factor Surveillance System

Based on the question: "Has a doctor or other healthcare provider ever told you that you have a depressive disorder?"

% = Weighted percentage of respondents

LCL= Lower 95% confidence level of the weighted percentage

UCL= Upper 95% confidence level of the weighted percentage

All percentages are weighted to be more representative of the population of Maine and to adjust for non-response.

Adults, Ages 18 Years and Over, Ever Diagnosed with Depression, by Selected Demographics, Maine, 2010

	Unweighted Number	Weighted Number	%	LCL	UCL
Maine Total	1,767	209,498	21.1	19.9	22.3
Sex					
Female	1,253	139,574	26.9	25.2	28.6
Male	514	69,924	14.7	13.2	16.3
Age					
18-24	41	18,869	17.9	12.2	23.5
25-34	124	32,887	23.6	19.4	27.9
35-44	231	36,797	22.5	19.6	25.3
45-54	453	50,481	24.4	22.0	26.8
55-64	541	43,330	24.9	22.8	27.0
65+	370	26,566	13.3	11.9	14.7
Education					
Did not graduate High School	121	15,739	25.6	19.9	31.4
Graduated High School	578	68,774	21.0	19.0	23.1
Attended College or Technical School	497	61,947	24.0	21.5	26.5
Graduated from College or Technical School	568	62,822	18.2	16.4	20.0
Income					
Less than \$15,000	330	32,640	36.6	31.6	41.5
\$15,000 to less than \$25,000	341	36,075	24.2	21.1	27.2
\$25,000 to less than \$35,000	198	23,492	24.3	20.4	28.2
\$35,000 to less than \$50,000	237	29,668	20.7	17.6	23.8
\$50,000 or more	483	64,140	16.2	14.5	17.9

Source: Behavioral Risk Factor Surveillance System

Based on the question: "Has a doctor or other healthcare provider ever told you that you have a depressive disorder?"

% = Weighted percentage of respondents

LCL= Lower 95% confidence level of the weighted percentage

UCL= Upper 95% confidence level of the weighted percentage

All percentages are weighted to be more representative of the population of Maine and to adjust for non-response.

**Adults, Ages 18 years and Over, Ever Diagnosed with Depression,
by Year, Maine, 2006, 2008, 2009, 2010**

Year	Unweighted Number	Weighted Number	%	LCL	UCL
2006	828	200,146	19.9	18.4	21.5
2008	872	212,710	20.9	19.2	22.5
2009	1,851	220,853	22.4	21.2	23.6
2010	1,767	209,498	21.1	19.9	22.3

Data Source: Behavioral Risk Factor Surveillance System

Based on the question: "Has a doctor or other healthcare provider ever told you that you have a depressive disorder?"

% = Weighted percentage of respondents

LCL= Lower 95% confidence level of the weighted percentage

UCL= Upper 95% confidence level of the weighted percentage

All percentages are weighted to be more representative of the population of Maine and to adjust for non-response.

Adults Ever Diagnosed with Depression, by Race, Ethnicity and Sexual Orientation, Maine, 2006,2008, 2009, 2010

	Unweighted Number	Weighted Number	%	LCL	UCL
Race and Ethnicity					
American Indian or Alaskan Native only, non-Hispanic	56	9,890	27.0	18.2	35.7
Black only, non-Hispanic	DNR	DNR	DNR	DNR	DNR
Hispanic	47	8,299	17.4	11.0	23.8
Multiracial, non-Hispanic	70	11,521	32.9	23.8	41.9
Other, non-Hispanic	16	3,697	13.5	6.4	20.6
White only, non-Hispanic	5,078	802,128	21.1	20.3	21.8
Sexual Orientation					
Heterosexual or straight	5,001	784,083	20.5	19.8	21.2
Homosexual or gay or lesbian	120	23,157	41.7	33.1	50.3
Bisexual	DNR	DNR	DNR	DNR	DNR
Other	DNR	DNR	DNR	DNR	DNR

Source: Behavioral Risk Factor Surveillance System

Based on the question: "Has a doctor or other healthcare provider ever told you that you have a depressive disorder?"

% = Weighted percentage of respondents

LCL= Lower 95% confidence level of the weighted percentage

UCL= Upper 95% confidence level of the weighted percentage

All percentages are weighted to be more representative of the population of Maine and to adjust for non-response.

DNR: Data not reliable. Data is suppressed if confidence intervals are greater than 20 percentage points.

Mental Health Emergency Department Visits, by Sex and Age, Maine, 2009

	Number	Crude Rate		Age-adjusted Rate	
		Rate	95% CI	Rate	95% CI
Total	33,229	2,520.6	2493.6 - 2547.8	2,607.4	2578.9 - 2636.2
Gender					
Male	17,716	2,752.7	2712.3 - 2793.6	2,806.4	2764.5 - 2848.9
Female	15,513	2,299.2	2263.1 - 2335.6	2,412.6	2373.9 - 2451.8
Age					
0-24	9,087	2,332.8	2285.1 - 2381.3	NApp	NApp
25-34	6,483	4,332.3	4227.5 - 4439.1	NApp	NApp
35-44	6,175	3,574.2	3485.6 - 3664.5	NApp	NApp
45-54	6,371	2,932.9	2861.3 - 3005.8	NApp	NApp
55-64	2,938	1,600.9	1543.6 - 1659.9	NApp	NApp
65-74	1,125	1,037.6	977.8 - 1100.1	NApp	NApp
75 +	1,050	1,080.3	1015.9 - 1147.7	NApp	NApp

Data Source: Maine Hospital Inpatient and Outpatient Databases; Maine Health Data Organization.

Mental Health ED Visits are defined as emergency department visits of Maine residents for which mental health was the primary diagnosis, coded as CCS 650-652, 655-662, and 670.

Crude rates are ED visits per 100,000 population.

Age-adjusted rates are ED visits per 100,000 population age-adjusted to the U.S. 2000 standard population.

95% CI: 95% confidence interval of the rate.

NApp= Not applicable. Age Adjusted rates are not calculated for specific age groups.

Mental Health Emergency Department Visits, by Year, Maine, 2000-2009

Year	Number	Crude Rate		Age-adjusted Rate	
		Rate	95% CI	Rate	95% CI
2000	23,918	1,872.6	1848.9 - 1896.4	1,881.0	1857.1 - 1905.1
2001	26,415	2,056.5	2031.8 - 2081.4	2,066.9	2041.9 - 2092.1
2002	27,855	2,151.9	2126.7 - 2177.3	2,155.0	2129.6 - 2180.6
2003	29,475	2,257.4	2231.7 - 2283.3	2,282.9	2256.7 - 2309.4
2004	29,927	2,271.9	2246.3 - 2297.8	2,301.7	2275.4 - 2328.2
2005	32,302	2,444.3	2417.8 - 2471.1	2,490.2	2462.7 - 2517.9
2006	33,163	2,509.4	2482.4 - 2536.5	2,565.7	2537.8 - 2593.8
2007	33,460	2,540.2	2513.1 - 2567.6	2,618.1	2589.7 - 2646.7
2008	32,119	2,439.8	2413.2 - 2466.6	2,515.5	2487.6 - 2543.6
2009	33,229	2,520.6	2493.6 - 2547.8	2,607.4	2578.9 - 2636.2

Data Source: Maine Hospital Inpatient and Outpatient Databases; Maine Health Data Organization.

Mental Health ED Visits are defined as emergency department visits of Maine residents for which mental health was the primary diagnosis, coded as CCS 650-652, 655-662, and 670.

Crude rates are ED visits per 100,000 population.

Age-adjusted rates are ED visits per 100,000 population age-adjusted to the U.S. 2000 standard population.

95% CI: 95% confidence interval of the rate.

Mental Health Emergency Department Visits, by County and Public Health District, Maine, 2009

	Number	Crude Rate		Age-adjusted Rate	
		Rate	95% CI	Rate	95% CI
Maine Total	33,229	2,520.6	2493.6 - 2547.8	2,607.4	2578.9 - 2636.2
County					
Androscoggin	4,116	3,863.4	3746.2 - 3983.2	4,013.0	3890.2 - 4138.6
Aroostook	1,600	2,238.1	2129.8 - 2350.6	2,375.8	2256.3 - 2499.7
Cumberland	7,317	2,626.7	2566.9 - 2687.6	2,605.9	2545.7 - 2667.1
Franklin	575	1,933.7	1778.9 - 2098.5	1,967.7	1805.9 - 2140.1
Hancock	953	1,783.1	1671.7 - 1900.0	1,884.8	1762.4 - 2013.3
Kennebec	3,348	2,764.9	2672.0 - 2860.2	2,904.5	2804.8 - 3006.7
Knox	1,011	2,477.9	2327.5 - 2635.5	2,699.5	2530.2 - 2876.7
Lincoln	714	2,065.0	1916.3 - 2222.2	2,435.0	2251.1 - 2629.1
Oxford	1,481	2,633.2	2500.8 - 2770.8	2,816.3	2669.9 - 2968.4
Penobscot	3,866	2,587.4	2506.4 - 2670.2	2,556.8	2475.4 - 2640.1
Piscataquis	411	2,447.2	2216.3 - 2695.6	3,051.4	2745.6 - 3379.6
Sagadahoc	829	2,278.0	2125.6 - 2438.5	2,378.0	2214.6 - 2549.9
Somerset	1,346	2,642.0	2502.7 - 2787.0	2,870.8	2716.2 - 3031.7
Waldo	813	2,123.4	1980.0 - 2274.6	2,231.1	2076.5 - 2394.0
Washington	718	2,236.3	2075.7 - 2406.0	2,431.4	2250.6 - 2622.3
York	4,131	2,046.3	1984.4 - 2109.7	2,124.9	2059.3 - 2192.2
Public Health District					
Aroostook	1,600	2,238.1	2129.8 - 2350.6	2,375.8	2256.3 - 2499.7
Central	4,694	2,728.5	2651.0 - 2807.7	2,895.3	2811.3 - 2981.2
Cumberland	7,317	2,626.7	2566.9 - 2687.6	2,605.9	2545.7 - 2667.1
Downeast	1,671	1,953.2	1860.6 - 2049.1	2,088.8	1986.1 - 2195.3
Midcoast	3,367	2,243.8	2168.7 - 2320.9	2,429.5	2345.4 - 2515.6
Penquis	4,277	2,573.2	2496.6 - 2651.5	2,575.2	2497.1 - 2655.0
Western	6,172	3,205.9	3126.4 - 3286.9	3,353.9	3269.5 - 3440.0
York	4,131	2,046.3	1984.4 - 2109.7	2,124.9	2059.3 - 2192.2

Data Source: Maine Hospital Inpatient and Outpatient Databases; Maine Health Data Organization.

Mental Health ED Visits are defined as emergency department visits of Maine residents for which mental health was the primary diagnosis, coded as CCS 650-652, 655-662, and 670.

Crude rates are ED visits per 100,000 population.

Age-adjusted rates are ED visits per 100,000 population age-adjusted to the U.S. 2000 standard population.

95% CI: 95% confidence interval of the rate.

Depression Among High School Students, by County and Public Health District, Maine, 2011

	High School		
	weighted number	%	95% CI
Total	13,048	22.7	21.7 - 23.6
County			
Androscoggin	1,068	23.3	19.5 - 27.1
Aroostook	710	22.6	19.2 - 26.0
Cumberland	2,607	20.8	18.6 - 23.0
Franklin	243	19.7	17.4 - 22.0
Hancock	458	22.3	20.1 - 24.6
Kennebec	1,071	21.3	19.6 - 23.0
Knox	318	24.3	17.7 - 31.0
Lincoln	^	^	^
Oxford	756	25.2	23.0 - 27.4
Penobscot	1,554	22.5	19.8 - 25.2
Piscataquis	181	21.8	16.9 - 26.8
Sagadahoc	439	26.9	21.9 - 31.9
Somerset	631	24.3	22.3 - 26.2
Waldo	288	23.0	18.2 - 27.8
Washington	329	23.3	22.2 - 24.5
York	2,063	24.1	20.5 - 27.8
Public Health District			
Aroostook	710	22.6	19.2 - 26.0
Central	1,713	22.4	21.1 - 23.7
Cumberland	2,607	20.8	18.6 - 23.0
Downeast	790	22.8	21.3 - 24.4
Midcoast	1,407	24.8	21.6 - 27.9
Penquis	1,731	22.4	20.0 - 24.8
Western	2,079	23.6	21.3 - 25.9
York	2,063	24.1	20.5 - 27.8

Data Source: Maine Integrated Youth Health Survey (2009-2011), Maine Youth Risk Behavior Survey (2001-2007), US. Youth Risk Behavior Risk Survey (US 2009)
Based on students who reported that they felt sad or hopeless almost every day for 2 or more weeks and stopped doing some usual activities.
All percentages are weighted to be more representative of the population of Maine students and to adjust for non-response.
95% CI = 95% Confidence Interval.

Data is not available for Middle School students because the survey design does not allow geographic stratification.

^ Results are not reported because weighted data are not available due to low response rates.

Depression Among High School Students, by Year, Maine, 2001-2011

Year	High School	
	%	95% CI
2001*	26.7	24.3 – 29.2
2003*	24.7	23.1 – 26.4
2005*	20.6	17.3 – 24.3
2007*	22.2	19.0 – 25.7
2009	22.7	21.7 – 23.6
2011	22.7	21.7 - 23.6
US 2009*	26.1	24.8 – 27.5

*There are slight differences between methodologies between the Maine Integrated Youth Health Survey and the Maine Youth Risk Behavior Survey, and therefore the data from these difference sources may not be directly comparable.

Depression Among High School and Middle School Students, by Selected Demographics, Maine, 2011

	High School			Middle School		
	weighted number	%	95% CI	weighted number	%	95% CI
Total	13,048	22.7	21.7 - 23.6	5,999	21.8	20.1 - 23.4
Gender						
Male	5,024	17.4	16.5 - 18.3	2,286	16.3	14.5 - 18.1
Female	7,829	28.0	26.7 - 29.3	3,677	27.6	25.4 - 29.8
Race **						
American Indian or Alaska Native	192	31.8	28.7 - 34.8	113	25.2	19.2 - 31.3
Asian	152	23.4	19.8 - 26.9	36	18.6	9.5 - 27.7
Black or African American	177	25.0	21.3 - 28.8	57	29.4	17.0 - 41.9
Hispanic	380	33.5	31.0 - 36.1	147	33.9	28.5 - 39.2
Native Hawaiian or Other Pacific islander	42	32.4	24.7 - 40.2	8	22.7	6.6 - 38.8
White	11,096	22.0	21.0 - 23.0	4,803	20.8	19.1 - 22.4
Multiple races	235	31.1	28.0 - 34.2	143	29.9	24.9 - 35.0
Sexual Orientation						
Heterosexual	10,497	20.2	19.3 - 21.1	NA	NA	NA
Gay/Lesbian	414	48.6	43.5 - 53.7	NA	NA	NA
Bisexual	1,310	55.9	53.1 - 58.7	NA	NA	NA
Not Sure	606	36.9	33.7 - 40.1	NA	NA	NA

Data Source: Maine Integrated Youth Health Survey. Middle school Survey includes 7th and 8th grades.

Based on students who reported that they felt sad or hopeless almost every day for 2 or more weeks and stopped doing some usual activities

All percentages are weighted to be more representative of the population of Maine students and to adjust for non-response.

95% CI = 95% Confidence Interval.

NA = not available. Sexual orientation is not asked in the middle school survey

** All racial categories are non-Hispanic except for "Hispanic."

High School Students Who Seriously Considered Attempting Suicide, by County and Public Health District, Maine, 2011

	weighted number	%	95% CI
Total	7,401	12.7	12.0 - 13.3
County			
Androscoggin	641	13.8	10.9 - 16.7
Aroostook	382	12.1	9.8 - 14.3
Cumberland	1,422	11.2	10.0 - 12.5
Franklin	147	11.8	10.4 - 13.2
Hancock	211	10.2	7.6 - 12.8
Kennebec	619	12.2	10.6 - 13.7
Knox	221	16.2	9.4 - 22.9
Lincoln	^	^	^
Oxford	406	13.3	12.2 - 14.3
Penobscot	870	12.4	10.5 - 14.4
Piscataquis	82	9.6	8.8 - 10.4
Sagadahoc	243	14.7	11.5 - 17.8
Somerset	373	14.2	12.3 - 16.2
Waldo	175	13.9	12.1 - 15.6
Washington	169	11.8	10.3 - 13.4
York	1,242	14.4	12.0 - 16.8
Public Health District			
Aroostook	382	12.1	9.8 - 14.3
Central	1,003	13.0	11.7 - 14.3
Cumberland	1,422	11.2	10.0 - 12.5
Downeast	382	10.9	9.2 - 12.6
Midcoast	839	14.5	12.2 - 16.8
Penquis	951	12.1	0.4 - 13.9
Western	1,204	13.5	11.9 - 15.0
York	1,242	14.4	12.0 - 16.8

Data Source: Maine Integrated Youth Health Survey.

Based on students who reported ever seriously considered attempting suicide the past 12 months

All percentages are weighted to be more representative of the population of Maine students and to adjust for non-response.

95% CI = 95% Confidence Interval.

** All racial categories are non-hispanic except for "Hispanic."

^ Results are not reported because weighted data are not available due to low response rates.

High School Students Who Seriously Considered Attempting Suicide, by Selected Demographics, Maine, 2011

	weighted number	%	95% CI
Total	7,401	12.7	12.0 - 13.3
Gender			
Male	3,318	11.3	10.6 - 12.0
Female	3,932	13.9	13.1 - 14.8
Race **			
American Indian or Alaska Native	105	17.2	14.4 - 20.0
Asian	81	12.2	9.7 - 14.7
Black or African American	123	16.8	13.1 - 20.5
Hispanic	289	24.5	22.1 - 26.9
Native Hawaiian or Other Pacific islander	30	23.4	16.5 - 30.4
White	6,136	12.0	11.4 - 12.7
Multiple races	144	19.0	16.2 - 21.9
Sexual Orientation			
Heterosexual	5,399	10.3	9.7 - 10.8
Gay/Lesbian	373	42.4	38.0 - 46.8
Bisexual	984	41.7	39.3 - 44.1
Not Sure	435	25.7	23.1 - 28.3

High School Students Who Seriously Considered Attempting Suicide, By Year, Maine, 2001-2011

Year	%	95% CI
2001*	18.6	14.7 – 23.1
2003*	17.1	15.5 – 18.8
2005*	13.3	11.3 – 15.7
2007*	11.2	9.1 – 13.6
2009	12.2	11.5 – 13.0
2011	12.7	12.0 - 13.3
US 2009*	13.8	13.1 – 14.6

Data Source: Maine Integrated Youth Health Survey (2009-2011), Maine Youth Risk Behavior Survey (2001-2007), US. Youth Risk Behavior Risk Survey (US 2009)

Based on students who reported ever seriously considered attempting suicide the past 12 months

*There are slight differences between methodologies between the Maine Integrated Youth Health Survey and the Maine Youth Risk Behavior Survey, and therefore the data from these difference sources may not be directly comparable.

** All racial categories are non-Hispanic except for "Hispanic."

All percentages are weighted to be more representative of the population of Maine students and to adjust for non-response.

95% CI = 95% Confidence Interval.